

# Outdoor Heat Exposure Rules

## Dates to know:

- June 27, 2023: WA Department of Labor & Industries adopts updated rule
- July 17, 2023: New rules become effective

## What you need to know!

The updated Outdoor Heat Exposure rules will become effective on 17 July 2023. The updates apply to **WAC 296-62-095** and **WAC 296-307-097**. Within the revised regulations, employer and employees have new and updated responsibilities to protect workers from heat induced illnesses. Below is a summary of items to be aware of when the new standard goes into effect. For more information and training resources, see the resources section below.

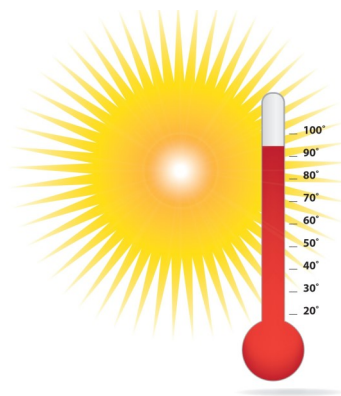


## What's Changed?

- Requirements are now year round and apply whenever workers are exposed to outdoor heat above the action levels outlined in Table 1 of applicable standard.
  - \* Non-Breathable Clothing: 52°F
  - \* All other clothing: 80°F
- Updated definitions.
- Provisions for Drinking water supply.
- Responding to Heat induced illnesses.
- Information and Training program requirements.

## What's New?

- Requirements for employer provided shade or other sufficient cooling controls.
- Acclimatization of employee and supervision requirements.
  - \* 14 day observation periods.
- High Heat procedures including Table 2, Work/rest cycles for high temperatures.
  - \* At or above 90°F: 10 minutes rest every 2 hours
  - \* At or above 100°F: 15 minutes rest every 1 hour



## Resources:

**Be Heat Smart (wa.gov)** : <https://www.lni.wa.gov/safety-health/safety-training-materials/workshops-events/beheatsmart#requirements>

**HeatIllness (wa.gov)** : <https://wisha-training.lni.wa.gov/training/articulate/HeatIllness/story.html>